

# HELPING WITH THE GRIEF OF CHRONIC CONDITIONS

Presented By:

Alberta Brain  
Injury Network

COSMOS Community  
Disability Services  
Foundation

Central Alberta Brain  
Injury Society

Brain Injury  
Association of Alberta

Date: March 5, 2010  
Time: 1:00 pm – 4:30 pm  
Cost: \$ 35.00  
Location: TBA

This workshop can be  
taken in conjunction with  
the Morning session for a  
total cost of \$40.00.

Refreshments will be  
provided. If attending  
both sessions, please  
bring a bag lunch.

## TO REGISTER:

403-309-0866  
OR Toll Free:  
1-888-533-5355

**WITH DR. NANCY REEVES, R. PSYCH**

**A workshop for professional & lay helpers**

Chronic conditions such as Acquired & Traumatic Brain Injury, Parkinson's, MS, Alzheimer Disease, etc. – mean many unwanted changes and loss to people affected by their specific condition; as well as those who love them.

In this workshop, we will explore the process of adjustment to chronic conditions and working with complicated aspects such as guilt, various practical helping strategies and suggestions to prevent helper/caregiver burnout.

Nancy Reeves PhD from Victoria, BC is a clinical Psychologist and author who has specialized in loss, grief and trauma for over 30 years. She is adjunct faculty at the University of Victoria and presents workshops in 8 countries.

In 2002, she received the Victoria YM/YWCA Woman of Distinction Aware – Health and Wellness.

She is the author of a number of books, including the Canadian best seller ***A Path Through Loss***

Nancy's books will be available at the workshop

**Workshop to be held at BIAA  
4916 50<sup>th</sup> Street, Downtown Red Deer, AB  
Just east of Housewarmings on Ross Street,  
next to the new construction.**